

Message from President Barbara Heck

The St. Petersburg Police Department would like each neighborhood association to post these Five Jogger Safety Tips in your next newsletter. As you know, it is getting dark much earlier now and many people are running after they return home from work.

Five Jogger Safety Tips:

1. Be aware of your surroundings
2. Run with a partner or with a group
3. Carry a cell phone and your ID
4. If you encounter trouble, use your cell phone to call the Police immediately
5. If a vehicle is involved, try to get the license number and the car's description

St. Petersburg is a lovely city to jog or walk. Using these 5 tips will help you walk, jog or run safely. Thank you for your help.